


Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
10:00 Morning Worship 11:00 Bible Trivia 12:30 Chair Dance 1:30 Sing Along 2:30 Alphabet Game 3:30 Balloon Toss 6:00 Ladder Ball 6:30 Stretching/Meditation 7:30 Lawrence Welk	10:30 Bible Study with Ray! 11:00 Kick Ball 12:30 Sing along 1:30 Flyswatter Tennis 2:15 Visiting Dogs! 3:00 Community Bingo!! 6:00 Bowling 7:30 I Love Lucy	10:30 Think More 11:00 Flyswatter Tennis! 12:30 Hokey Pokey 1:30 Trivia 2:30 Live More Craft! 3:00 Jokes & Riddles 3:30 Sing Along 6:00 Ladder Ball 6:30 Gentle Stretching/Meditation 7:30 Andy Griffith	9:30 Hymns & Verses with Pastor Dennis! 10:30 Tai Chi 12:30 Photo Reminisce 1:30 Let's Talk/Dear Abby 2:00 Live More Cooking! 3:00 Chair Dance 3:30 Sing Along 6:00 Balloon Bash 6:30 Chair Yoga/Meditation 7:30 Family Feud	10:30 Balloon Toss 11:00 HARVEST MOON THINK MORE!! 12:30 Ball Toss 1:30 Reminiscing 2:00 PICTURE PAINTING! 3:00 Chair Dance 3:30 Sing Along 6:00 Chair Basketball 6:30 Word Games 7:30 I Love Lucy	9:30 SCENIC DRIVE 10:30 Balloon Toss 11:00 Finish the Lines 12:30 Ribbon Dance 1:30 Board Games/Dice/Cards 3:00 Sing Along 3:30 Word Games 6:00 Bowling 7:30 Friday Night Movie!	10:30 Sing Along 12:30 Balloon Bash 1:30 Alphabet Game 2:30 Bingo/Social Hour 4:00 Chair Stretching 6:00 Bowling 7:30 Lawrence Welk
10:00 Morning Worship 11:00 Bible Trivia 12:30 Chair Dance 1:30 Sing Along 2:30 Alphabet Game 3:30 Balloon Toss 6:00 Ladder Ball 6:30 Stretching/Meditation 7:30 Lawrence Welk	10:30 Bible Study with Ray!! 11:00 Kick Ball 12:30 Sing Along 1:30 Flyswatter Tennis 1:30 COLUMBUS DAY TRIVIA! 2:30 Chair Dance 3:00 Community Bingo!! 6:00 Bowling 7:30 I Love Lucy Columbus Day (US) Thanksgiving Day (Canada)	10:30 JAZZEN IT UP WITH GORDON!! 11:00 Think More 12:30 Hokey Pokey 1:30 Trivia 2:30 Live More Craft! 3:00 Jokes & Riddles 3:30 Sing Along 6:00 Ladder Ball 6:30 Gentle Stretching 7:30 Andy Griffith	9:30 Hymns & Verses with Pastor Dennis! 10:30 Tai Chi 12:30 Photo Reminisce 1:30 HYMN SINGING WITH RAY!! 2:00 Live More Cooking! 3:00 Chair Dance 3:30 Sing Along 6:00 Balloon Bash 6:30 Chair Yoga/Meditation 7:30 Family Feud	10:30 Balloon Toss 11:00 I Pledge Allegiance Day Think More!!! 12:30 Ball Toss 2:00 CELEBRATE!! October's Birthdays 3:00 Chair Dance 3:30 Sing Along 6:00 Chair Basketball 6:30 Word Games 7:30 I Love Lucy	9:30 SCENIC DRIVE 10:30 Balloon Toss 11:00 Finish the Lines 12:30 Ribbon Dance 1:30 Board Games/Dice/Cards 3:00 Sing Along 3:30 Word Games 6:00 Bowling 7:30 Friday Night Movie!	10:30 Sing Along 12:30 Balloon Bash 1:30 Alphabet Game 2:30 Bingo/Social Hour 4:00 Chair Stretching 6:00 Bowling 7:30 Lawrence Welk
10:00 Morning Worship 11:00 Bible Trivia 12:30 Chair Dance 1:30 Sing Along 2:30 Alphabet Game 3:30 Balloon Toss 6:00 Ladder Ball 6:30 Stretching/Meditation 7:30 Lawrence Welk	10:30 Bible Study with Ray!! 11:00 Kick Ball 12:30 Sing Along 1:30 Flyswatter Tennis 2:15 Visiting Dogs! 3:00 Community Bingo!! 6:00 Bowling 7:30 I Love Lucy	10:30 MUSIC WITH LOIS!!! 11:00 Think More 12:30 Hokey Pokey 1:30 Trivia 2:30 Live More Craft! 3:00 Jokes & Riddles 3:30 Sing Along 6:00 Ladder Ball 6:30 Gentle Stretching 7:30 Andy Griffith	9:30 Hymns & Verses with Pastor Dennis! 10:30 Tai Chi 12:30 Photo Reminisce 1:30 Let's Talk/Dear Abby 2:00 Live More Cooking! 3:00 Chair Dance 3:30 Sing Along 6:00 Balloon Bash 6:30 Chair Yoga/Meditation 7:30 Family Feud	10:30 Balloon Toss 11:00 HOCUS POCUS AND MAGIC THINK MORE!! 12:30 Ball Toss 1:30 THEATRE THURSDAY!!! (HOCUS POCUS) 3:00 Chair Dance 3:30 Sing Along 6:00 Chair Basketball 6:30 Word Games 7:30 I Love Lucy	9:30 SCENIC DRIVE 10:30 Balloon Toss 11:00 Finish the Lines 12:30 Ribbon Dance 1:30 Board Games/Dice/Cards 3:00 Sing Along 6:00 Bowling 7:30 Friday Night Movie!	10:30 Sing Along 12:30 Balloon Bash 1:30 Alphabet Game 2:30 Bingo/Social Hour 4:00 Chair Stretching 6:00 Bowling 7:30 Lawrence Welk
10:00 Morning Worship 11:00 Bible Trivia 12:30 Chair Dance 1:30 Sing Along 2:30 Alphabet Game 3:30 Balloon Toss 6:00 Ladder Ball 6:30 Stretching/Meditation 7:30 Lawrence Welk	10:30 Bible Study with Ray!! 11:00 Kick Ball 12:30 Sing Along 1:30 Flyswatter Tennis 2:30 Alphabet Game 3:00 Community Bingo!! 6:00 Bowling 7:30 I Love Lucy	10:30 JAZZING IT UP WITH GORDON!! 11:00 Think More 12:30 Hokey Pokey 11:00 WORLD SERIES THINK MORE!! 12:30 Hokey Pokey 1:30 PUMPKIN DAY/PAINT PUMPKINS!! 3:00 Jokes & Riddles 3:30 Sing Along 5:30 WATCH 1ST GAME WORLD SERIES	9:30 Hymns & Verses with Pastor Dennis! 10:30 Tai Chi 12:30 Photo Reminisce 1:30 Let's Talk/Dear Abby 2:00 Live More Cooking! 3:00 Chair Dance 3:30 Sing Along 6:00 Balloon Bash 6:30 Chair Yoga/Meditation 7:30 Family Feud	10:30 Balloon Toss 11:00 CANDY CORN DAY THINK MORE!! 12:30 Ball Toss 1:30 Reminiscing 2:00 PICTURE PAINTING!! 3:00 Chair Dance 3:30 Sing Along 6:00 Chair Basketball 6:30 CANDY HANGMAN!! 7:30 I Love Lucy	9:30 HALLOWEEN DRIVE!! 10:30 Balloon Toss 11:00 Finish the Lines 12:30 Ribbon Dance 1:30 Board Games/Dice/Cards 3:00 Sing Along 3:30 Word Games 6:00 Bowling 7:30 HALLOWEEN MOVIE!!	10:30 Sing Along 12:30 Balloon Bash 1:30 Alphabet Game 2:30 HALLOWEEN BINGO!! 4:00 Chair Stretching 6:00 Bowling 7:30 Lawrence Welk
10:00 Morning Worship 11:00 Bible Trivia 12:30 Chair Dance 1:30 Sing Along 2:30 Alphabet Game 3:30 Balloon Toss 6:00 Ladder Ball 6:30 Stretching/Meditation 7:30 Lawrence Welk	10:30 Bible Study with Ray!! 11:00 Kick Ball 12:30 Sing Along 1:30 Flyswatter Tennis 2:15 Visiting Dogs! 3:00 HALLOWEEN BINGO!! 3:30 Sing Along 6:00 TRICK OR TREAT!! 7:30 I Love Lucy	10:30 HAPPY HALLOWEEN THINK MORE!! 11:00 Flyswatter Tennis! 12:30 Hokey Pokey 1:30 Halloween Jokes & Riddles 2:00 HALLOWEEN PARTY!! 3:00 Jokes & Riddles 3:30 Sing Along 6:00 Ladder Ball 6:30 Gentle Stretching/Meditation 7:30 HALLOWEEN MOVIE!!	 <h1>October 2017</h1> <h2>THE HEARTH AT SYCAMORE VILLAGE-KEEPSAKE NORTH</h2>			



COLUMBUS DAY 10/9
TRICK OR TREAT 6:00pm
10/30
HALLOWEEN PARTY 10/31



ALL ACTIVITIES ARE HELD IN THE ACTIVITY ROOM UNLESS OTHERWISE NOTED.
 (* SENIOR LIVING ** THEATRE ***KSS)
 ALL ACTIVITIES ARE SUBJECT TO CHANGE.



DAILY ACTIVITIES

- 7:30 BREAKFAST
- 8:30 BAKE COOKIES
- 9:00 DAILY GUIDEPOST - NEWS
- 9:30 AM STRETCHING
- 10:00 SNACK
- 11:15 GET READY FOR LUNCH
- 11:30 LUNCH
- 1:00 WALKING CLUB
- 2:00 SNACK
- 4:15 GET READY FOR DINNER
- 4:30 DINNER
- 5:30 WALKING CLUB
- 7:30 SNACK

Activity staff

- Jackie Toran KSV Director
- Danielle Fortier Activities Assistant
- Shirley Lightner Activities Assistant
- Ashley Ebbing Activities Assistant
- Simran Kaur Activities Assistant
- Deanne Twibell Activities Assistant